

60-Second Party Games for Kids

12 one-minute challenges · station cards, supply list and scorecard

How to host

1. Cut out the station cards and set each game up on its own table or spot.
2. Players (or teams) take turns: read the card, start a 60-second timer, go!
3. Beat the challenge before the timer runs out to score a point. Most points wins.
4. Tip: run two stations at once so nobody waits long, and let little ones try twice.

Supply checklist

- | | | |
|--|---|---|
| ☐ 10 pairs of socks | ☐ a picture cut into 12 pieces | ☐ oven mitts |
| ☐ 10 plastic cups | ☐ basket | ☐ pencil |
| ☐ 15 small household items | ☐ belt or string | ☐ pencil and paper |
| ☐ 2 bowls | ☐ cookies | ☐ petroleum jelly |
| ☐ 3 balloons | ☐ cotton balls | ☐ ping pong balls |
| ☐ 5 wrapped candies | ☐ cup | ☐ small cup |
| ☐ 6 ping pong balls | ☐ dry beans | ☐ straw |
| ☐ a list of 5 scrambled words | ☐ empty tissue box | ☐ towel |
| | ☐ envelope | ☐ tray |

The games

1. **Bean Lift:** 10 beans in the cup.
2. **Ping Pong Bounce:** Land 3 balls in the cup.
3. **Balloon Keep-Up:** All three still floating at 60 seconds.
4. **Sock Match:** All 10 pairs matched.
5. **Cookie Face:** Cookie in your mouth before time runs out.
6. **Mitten Unwrap:** Three candies unwrapped.
7. **Scramble Sprint:** All five solved.
8. **Puzzle Dash:** Picture complete.
9. **Cup Blow:** All 10 cups off the table.
10. **Nose Dive:** Move 5 cotton balls.
11. **Memory Tray:** Remember 10 items.
12. **Shake It Out:** All balls out of the box.

Game 1

🕒 60 seconds

Bean Lift

YOU NEED

straw, dry beans, small cup

SET UP

Spread dry beans on a plate.

HOW TO PLAY

Pick up beans with suction through the straw and drop them in the cup.

To win: 10 beans in the cup.

Game 2

🕒 60 seconds

Ping Pong Bounce

YOU NEED

ping pong balls, cup

SET UP

Put a cup at the far end of a table.

HOW TO PLAY

Bounce a ball once on the table and into the cup.

To win: Land 3 balls in the cup.

Game 3

🕒 60 seconds

Balloon Keep-Up

YOU NEED

3 balloons

SET UP

Blow up three balloons.

HOW TO PLAY

Keep all three balloons in the air. If one touches the floor, you're out.

To win: All three still floating at 60 seconds.

Game 4

🕒 60 seconds

Sock Match

YOU NEED

10 pairs of socks, basket

SET UP

Mix all the socks together in the basket.

HOW TO PLAY

Find and fold each matching pair.

To win: All 10 pairs matched.

Game 5

🕒 60 seconds

Cookie Face

YOU NEED

cookies

SET UP

Lie a cookie flat in the middle of your forehead and tip your head back.

HOW TO PLAY

Using only your face (no hands!), wiggle the cookie down your face and into your mouth.

To win: Cookie in your mouth before time runs out.

Game 6

🕒 60 seconds

Mitten Unwrap

YOU NEED

oven mitts, 5 wrapped candies

SET UP

Put on the oven mitts.

HOW TO PLAY

Unwrap the candies while wearing the mitts.

To win: Three candies unwrapped.

Game 7

🕒 60 seconds

Scramble Sprint

YOU NEED

pencil, a list of 5 scrambled words

SET UP

Write 5 scrambled words on a card (like TCA for CAT).

HOW TO PLAY

Unscramble all five words.

To win: All five solved.

Game 8

🕒 60 seconds

Puzzle Dash

YOU NEED

a picture cut into 12 pieces, envelope

SET UP

Cut a magazine picture or old card into 12 pieces and put them in the envelope.

HOW TO PLAY

Dump out the pieces and put the picture back together.

To win: Picture complete.

Game 9

🕒 60 seconds

Cup Blow

YOU NEED

10 plastic cups

SET UP

Line the cups up near the edge of a table.

HOW TO PLAY

Blow each cup off the table one at a time. No hands!

To win: All 10 cups off the table.

Game 10

🕒 60 seconds

Nose Dive

YOU NEED

cotton balls, 2 bowls, petroleum jelly

SET UP

Dab a little petroleum jelly on the tip of your nose. Put cotton balls in one bowl.

HOW TO PLAY

Using only your nose, carry cotton balls one at a time to the empty bowl.

To win: Move 5 cotton balls.

Game 11

🕒 60 seconds

Memory Tray

YOU NEED

tray, 15 small household items, towel, pencil and paper

SET UP

Arrange the items on the tray. Let players look for 30 seconds, then cover it with the towel.

HOW TO PLAY

Write down as many items as you can remember.

To win: Remember 10 items.

Game 12

🕒 60 seconds

Shake It Out

YOU NEED

empty tissue box, 6 ping pong balls, belt or string

SET UP

Put the balls in the tissue box and strap it to the player's back, opening down.

HOW TO PLAY

No hands: wiggle, jump and dance until every ball falls out.

To win: All balls out of the box.

Scorecard

One point for every challenge beaten in 60 seconds.

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